^{the} butt**on** chair





A movement movement.

Think back to when you were a kid. How many times were you told to "just sit still"? Humans really are meant to move and kids, in particular, have a lot of energy to burn.

So why do we ask kids to sit at a desk all day? Enter: the butt**on** chair.

Research shows that students who have the opportunity for more movement in the classroom experience **20% increased calorie burn, 5%** reduction in BMI percentile, **5% improved standardized test scores, and 15% increased engagement** (research from the Ergonomics Center at Texas A&M).

The butt**on** chair is designed to keep kids moving - but while seated at their desk.

And as awesome as we think our chair is and how we'd love to sell you one, the butt**on** chair is really more of a *project*, than an object. Our goal is to make active sitting freely available to schools throughout the US, and the world. We're hoping to start a sitting revolution...

The digital file is available for free, and anyone with a CNC router can cut the plywood for as many chairs as they wish (six chair patterns fit on one standard



piece of plywood!). Pop the parts together, cut the legs to fit the student, add an old tennis (or lacrosse, or whatever) ball and bit of bungee cord, and the chairs are yours to use.

> Join our movement movement. QOR360.COM